



CeFAS

Centre for Family and Ageing Studies

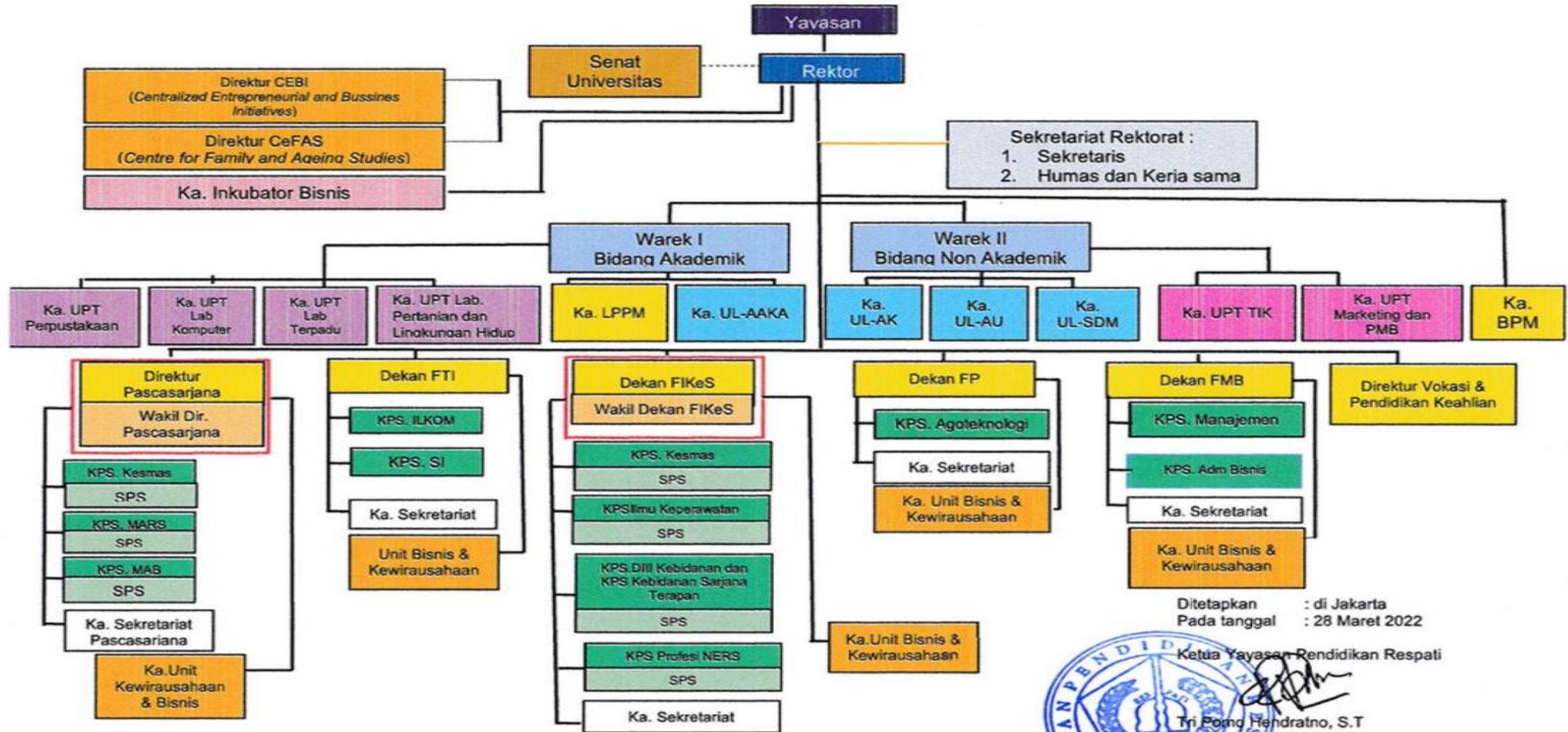
PROFILE

Bridging family and older persons for better life





CEFAS DALAM ORGANOGRAM URINDO



Ditetapkan : di Jakarta
Pada tanggal : 28 Maret 2022

Ketua Yayasan Pendidikan Respati

Tri Pomo Hendratno, S.T





CeFAS

Centre for Family and Ageing Studies UNIVERSITAS RESPATI INDONESIA

Center for Family and Aging Studies (CeFAS) adalah merupakan pusat kajian yang berkontribusi dalam kajian, informasi dan kebijakan pembangunan keluarga untuk kesejahteraan dan ketahanan keluarga dan secara khusus pada kajian kelanjutusiaan.

Tanggal 14 Mei 2018, Launching CeFAS dalam kegiatan Workshop Keterpaduan Program Kelanjutusiaan BKKBN dalam rangka peringatan HLUN 2018, bertempat di Auditorium BKKBN Jakarta.





STRUKTUR ORGANISASI



STRUKTUR ORGANISASI PUSAT KAJIAN KELUARGA DAN KELANJUTUSIAAN (CENTRE FOR FAMILY AND AGEING STUDIES/ CEFAS) UNIVERSITAS RESPATI INDONESIA



Ditetapkan di : Jakarta
Pada Tanggal : 12 Agustus 2022
Rektor,

Prof. Dr. Tri Budi W. Rahardjo, drg., MS



VISI & MISI

Menjadi pusat kajian keluarga dan kelanjutusiaan bertaraf internasional yang berkontribusi untuk kesejahteraan keluarga dan lanjut usia.



CeFAS
Centre for Family and Ageing Studies

Melakukan kajian keluarga dan kelanjutusiaan

Melakukan pendidikan, pelatihan dan penyuluhan di bidang keluarga dan kelanjutusiaan

Melakukan Pengabdian masyarakat untuk kesejahteraan keluarga dan lansia

Membangun jejaring nasional maupun Internasional untuk meningkatkan kesejahteraan keluarga dan lansia

GOALS



1. Dihasilkan publikasi ilmiah, Hak Kekayaan intelektual maupun produk teknologi dan ilmiah lainnya untuk yang bertaraf nasional dan internasional untuk meningkatkan kesejahteraan keluarga dan lansia
2. Terbentuknya rekomendasi kebijakan kepada pemerintah dan *stake holder* dari hasil kajian keluarga dan kelanjutusiaan yang dilakukan oleh Cefas dan lembaga lainnya.
3. Masyarakat memiliki pemahaman yang baik mengenai upaya peningkatan kesejahteraan keluarga dan lansia, melalui pendidikan, pelatihan dan penyuluhan.
4. Meningkatnya kesejahteraan keluarga dan lansia melalui upaya pemberdayaan yang dilakukan melalui pengabdian masyarakat
5. Terciptanya kerjasama yang baik melalui jejaring nasional maupun internasional guna peningkatan kesejahteraan lansia



Program kerja

1. Menjadi wadah bagi kegiatan penelitian mahasiswa baik skripsi maupun thesis yang berhubungan dengan keluarga dan kelanjutusiaan
2. Melakukan kajian berdasarkan hasil penelitian tentang keluarga dan kelanjutusiaan
3. Melakukan publikasi ilmiah maupun populer melalui berbagai media dan saluran
4. Berkontribusi dalam penyelenggaraan hari – hari besar nasional, maupaun internasional terkait dengan keluarga maupun kelanjutusiaan
5. Mencari dukungan sumber daya yang tidak mengikat bagi penelitian dan pengembangan program keluarga dan kelanjutusiaan
6. Melakukan sosialisasi, KIE (komunikasi, informasi dan edukasi) tentang pembangunan keluarga dan kelanjutusiaan
7. Membangun jejaring dengan lembaga atau organisasi yang berkaitan dengan pembangun keluarga dan kelanjutusiaan.
8. Menerapkan hasil kajian dalam bentuk pengabdian masyarakat (pelatihan, pendidikan berkelanjutan) untuk meningkatkan kualitas hidup keluarga
9. Menerapkan hasil kajian dalam bentuk pengabdian masyarakat (pelatihan, pendidikan berkelanjutan) untuk meningkatkan kualitas hidup keluarga
10. Mengikuti secara aktif kegiatan forum ilmiah baik didaerah, nasional, maupun Internasional



5 bidang konsentrasi program

Bidang Pendidikan dan Pelatihan

- 1. Bertanggungjawab dalam melaksanakan program pendidikan dan pelatihan sesuai dengan rencana kerja dan program kerja CeFAS
- 2. Menyusun modul, SOP dan media pembelajaran Diklat CeFAS;
- 3. Melakukan monitoring dan evaluasi kegiatan diklat CeFAS;
- 4. Menyusun laporan kegiatan diklat secara periodik.
- 5. Menjadi pusat pengembangan program dan substansi pembelajaran untuk program pendidikan jangka Panjang lansia

Bidang Penelitian dan Publikasi

- 1. Menyusun Roadmap penelitian; peluang kerjasama penelitian dan hibah
- 2. Menerapkan pedoman, standar dan instrumen penelitian URINDO bagi peneliti di CeFAS;
- 3. Mengkoordinasikan pelaksanaan penelitian dan publikasi ilmiah di CeFAS;
- 4. Mengelola database penelitian dan publikasi CeFAS;
- 5. Menyusun laporan kegiatan penelitian dan publikasi secara periodik.

Bidang Pengabdian Masyarakat

- 1. Menyusun Roadmap pengabdian masyarakat CeFAS
- 2. Melaksanakan inovasi pengabdian masyarakat berbasis hasil penelitian;
- 3. Mengkoordinasikan pelaksanaan pengabdian masyarakat publikasi ilmiah berdasarkan hasil pengabdian masyarakat di CeFAS;
- 4. Mengelola database pengabdian masyarakat CeFAS;
- 5. Menyusun laporan kegiatan pengabdian masyarakat secara periodik.

Bidang Humas dan Kerjasama

- 1. Mengelola kehumasan CeFAS;
- 2. Melakukan sosialisasi dan promosi berbagai program serta kegiatan CeFAS.
- 3. Menerapkan petunjuk pelaksanaan teknis bidang kerjasama URINDO untuk CeFAS;
- 4. Menjalin kerjasama dengan mitra kerja nasional maupun internasional;
- 5. Melakukan evaluasi kegiatan kerjasama;
- 6. Menyusun laporan kegiatan kerjasama secara periodik

Bidang IT

- 1. Menyusun rencana publikasi kegiatan cefas secara periodic
- 2. Mengembangkan media edukasi Kesehatan terkait kelanjuusiaan
- 3. Bersama tim lainnya berkolaborasi dalam mengembangkan media edukasi Kesehatan baik secara digital maupun hardcopy
- Menyusun laporan secara periodik



CeFAS

Centre for Family and Ageing Studies
UNIVERSITAS RESPATI INDONESIA



PELAKSANAAN KEGIATAN





CeFAS

Centre for Family and Ageing Studies
UNIVERSITAS RESPATI INDONESIA



Research and Scientific Publication





2018-2022

Dementia/ Cognitive

1

1. Knowledge about Dementia and its Associated Factors: Study among the Middle-aged Population in Indonesia
2. Tempe reversed effects of ovariectomy on brain function in rats: Effects of age and type of soy product
3. Tempe, Tofu and Amyloid Beta 1-40 Serum Levels in Ovariectomized Rats
4. Comparing the effect of tempe flour and tofu flour consumption on estrogen serum in ovariectomized rats

Oral Care

2

1. Measuring attentiveness toward oral care needs: a comparative study of Indonesian care workers in Japan and Indonesia
2. Knowledge of Oral Care and Masticatory Function
3. Caregiver Perspectives on Implementation of Oral Care in Institutionalized Elderly Home

Risk of Fall

3

1. Urban-Rural Dimension of Falls and Associated Risk Factors among Community Dwelling Older Adults in West Java, Indonesia
2. Demographic Characteristic and Depression as the Risk Factor of Fall for Indonesian Elderly

Quality of Life

4

1. Quality of life of the elderly living in community and nursing home (study on 5-dimension quality of life)
2. Dimensions of Wellness in Relation to Quality of Life for the Elderly in Indonesia

Mental Health

5

1. Mental Health and Psychosocial Support Online-Based Services to Improve Elderly Integrity and Reduce Loneliness
2. A concept analysis: Aloneness in elderly with depression
3. A Systematic Review: Factors Related to Happiness in the Elderly Depression

Pandemic

6

1. Pandemic in Indonesian Older People: The Implication for Sleep Deprivation, Loss of Appetite, and Psychosomatic Complaints
2. The Role of Caregivers in Elder Care during Coronavirus Disease-2019 Outbreaks
3. Readiness of the Elderly and Caregivers in Carrying Out Practices to Prevent the Transmission of Covid-19 During the Pandemic

Pandemic

Mental Health

Quality of Life

Risk of Fall

Oral Care



CeFAS

Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA

Scientific Foundation SPIROSKI, Skopje, Republic of Macedonia
Open Access Macedonian Journal of Medical Sciences. 2022 May 16; 10(E):783-789.
<https://doi.org/10.3889/oamjms.2022.8892>
eISSN: 1857-9655
Category: E – Public Health
Section: Public Health Education and Training



Knowledge about Dementia and its Associated Factors: Study among the Middle-aged Population in Indonesia

Susiana Nugraha^{1,2*}, Tsukumi Tondokoro³, Indri Hapsari Susilowati⁴, Bonardo Prayoga Hasiholan⁵, Sudibyo Alimoeso², Tri Budi W Rahardjo^{1,2}, Kuniyasu Takagi³, Koji Wada³

¹Department of Public Health, Faculty of Health Sciences, University of Respati Indonesia, Jakarta, Indonesia; ²Centre for Family and Ageing Studies, University of Respati Indonesia, Jakarta, Indonesia; ³Graduate School of Medicine, International University of Health and Welfare, Tokyo, Japan; ⁴Department of Medical Sciences, Faculty of Public Health, Universitas Indonesia, Depok, West Java, Indonesia; ⁵Department of Occupational Health, Faculty of Public Health, University of Indonesia, Depok, West Java, Indonesia

Source: <https://oamjms.eu/index.php/mjms/article/view/8892/7399>



Samples: **1147 Middle-aged Population** in Indonesia



>67%

of the participants had **poor knowledge** about dementia



Dementia

- Sociodemographic factors, including **gender, age, and occupation** showed a significant association with **knowledge about dementia**
- The living arrangements would be associated with specific knowledge on dementia, but no significant association

The importance of intensive public health awareness **to improve public knowledge about dementia in Indonesia**, specifically targeting men and older individuals, as well as those with lower occupational levels.

Pandemic

Mental Health

Quality of Life

Risk of Fall

Oral Care



CeFAS

Centre for Family and Ageing Studies
UNIVERSITAS RESPATI INDONESIA

Journal of Steroid Biochemistry & Molecular Biology 160 (2016) 37–42

Contents lists available at ScienceDirect

Journal of Steroid Biochemistry & Molecular Biology

journal homepage: www.elsevier.com/locate/jbsmb

ELSEVIER

Review

Temperereversed effects of ovariectomy on brain function in rats: Effects of age and type of soy product

A. Kridawati^{a,*}, Hardinsyah^b, A. Sulaeman^b, R. Damanik^b, A. Winarto^c, T.B. Rahardjo^d, E. Hogervorst^e

^a Faculty of Health Sciences, Universitas Respati Indonesia (URINDO), Indonesia
^b Department of Community Nutrition, Bogor Agricultural University (IPB), Indonesia
^c Veterinary Faculty, Bogor Agricultural University (IPB), Indonesia
^d Centre for Ageing Studies, Universitas Indonesia (UI), Indonesia
^e Department of Sport, Exercise and Health Sciences, Loughborough University, UK

Tempe, Tofu, and Amyloid- β 1–40 Serum Levels in Ovariectomized Rats

Article type: Research Article

Authors: Kridawati, Atik^{a,c,*} | Hardinsyah, Hardinsyah^b | Sulaeman, Ahmad^b | Rahardjo, Tri Budi W.^c | Hogervorst, Eef^d

Affiliations: [a] Public Health Science Graduate Program, Universitas Respati Indonesia, Jakarta Timur, Indonesia | [b] Department of Community Nutrition, Faculty of Human Ecology, Bogor Agricultural University, Bogor, Indonesia | [c] Centre for Family and Ageing Studies, Universitas Respati Indonesia, Jakarta Timur, Indonesia | [d] School of Sport, Exercise and Health Sciences, Loughborough University, Loughborough, UK

Heliyon

Volume 5, Issue 6, June 2019, e01787

Comparing the effect of tempe flour and tofu flour consumption on estrogen serum in ovariectomized rats

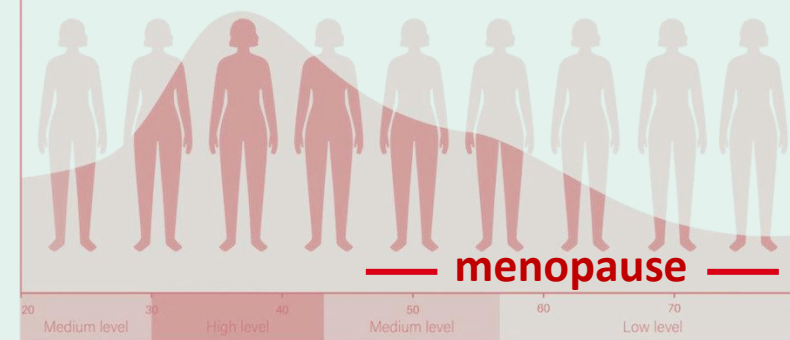
Atik Kridawati^{a, b, c, d, e}, Tri Budi W. Rahardjo^b, Hardinsyah^c, Rizal Damanik^c, Eef Hogervorst^d

Sources:

<https://www.sciencedirect.com/science/article/pii/S2405844019326866>

<https://content.iospress.com/articles/journal-of-alzheimers-disease/jad200220>

estrogen levels decrease seen after menopause



Increase in risk of **coronary artery disease**, cardiovascular disease, **osteoporosis**, urinary incontinence, urinary tract infections, **weight gain**, and a **loss of neuroprotective effects**

- The intake of tempe and tofu flour decreased A β serum levels in all estrogen and phytoestrogenic treatment groups, offsetting effects of OVx (but not in the casein group, where A β levels rise).
- **Tempe flour rendered twice the serum estrogen level** compared to tofu flour



Dementia



RESEARCH

Open Access

Measuring attentiveness toward oral care needs: a comparative study of Indonesian care workers in Japan and Indonesia



Yuko O. Hirano^{1*}, Susiana Nugraha², Hiroyasu Shiozu³, Misako Higashijima⁴ and Tri Budi W. Rahardjo²

Study 1:

An oral care checklist was developed that

revealed differences in oral care practices for older adults between care workers based in Indonesia and Indonesian EPA care workers based in Japan. This approach could contribute toward lowering the risk of aspiration pneumonia in Indonesia

Pandemic

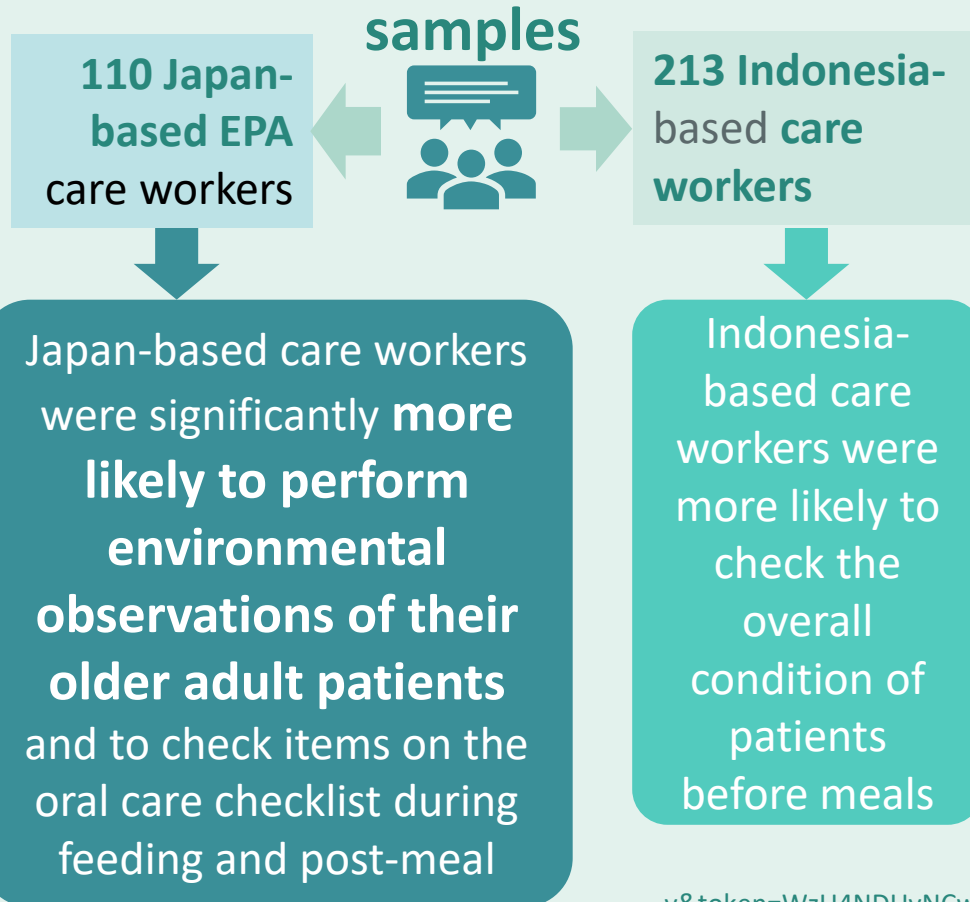
Mental Health

Quality of Life

Risk of Fall

Oral Care

Dementia



Source: https://click.endnote.com/viewer?doi=10.1186%2Fs12960-021-00614-y&token=WzU4NDUyNCwiMTAuMTE4Ni9zMTI5NjAtMDIxLTAwNjEOLXkiXQ.53GNBE-dq-_lwNDF3EvImLgxbJO

&token=WzU4NDUyNCwiMTAuMTE4Ni9zMTI5NjAtMDIxLTAwNjEOLXkiXQ.53GNBE-dq-_lwNDF3EvImLgxbJO



Caregiver Perspectives on Implementation of Oral Care in Institutionalized Elderly Home

Susiana Nugraha*, Dinni Agustin*, Tribudi W. Rahardjo*, Yuko Hirano**

*Centre for Family and Ageing Studies, Universitas Respati Indonesia

** Nagasaki University, Japan



Design

- Cross sectional approach this study employed 2 data collection methods

Time & location

- DKI Jakarta, Banten, West Java, and Yogyakarta. This study conducted in September to December 2018.

Instrument

- Questionnaires for long term care assessment list, and Higashijima oral care list

population & sample

- Population and sample : a total of 213 caregiver from elderly home

Study 3:

Oral Care checklist by Higashijima

The environment of the dining places

The Function and Ability to Eat

The Food swallowing period

After meal period



Oral Care

Dementia

caregiver have **insufficient knowledge about long term care** issues. The implementation of oral care influenced by **ages (p<0.001)** and **length of working experience (p<0.001)** gender

Pandemic

Mental Health

Quality of Life

Risk of Fall

Pandemic

Mental Health

Quality of Life

Risk of Fall

Oral Care

Dementia



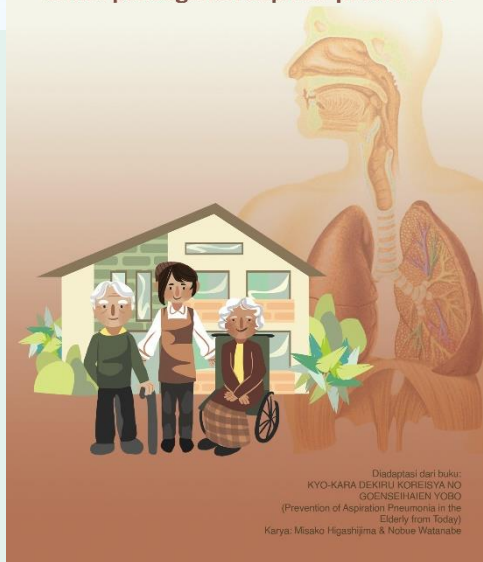
CeFAS

PEDOMAN ORAL CARE untuk pencegahan aspirasi pneumonia

Centre for Family and Ageing Studies UNIVERSITAS RESPATI INDONESIA

Study 2:

Indonesian Oral Care Module was developed through a scientific process and has been accordance with caregivers in long-term care facilities in Indonesia



The pre-test and post-test score



are significantly increase in among all study participants and in each group of study participants

Group I: Caregivers form private nursing home

Group II: Caregivers from public nursing home



Poster "Demographic Characteristic And Depression As The Risk Factor Of Fall For Indonesian Elderly"

Susiana Nugraha (Inventor), Indri Hapsari Susilowati (Inventor), Sabarinah (Inventor)

Department of Occupational Health and Safety, Department of Biostatistics and Population Studies



Samples: **427 elderly**



34.4% elderly had moderate risk of falls

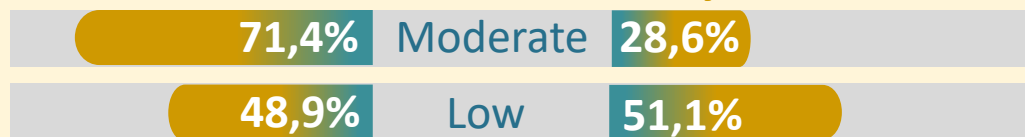


65.6% had low risk of falls

Risk of fall by ages characteristics

60-70 years old

>70 years old



Older aged is in line with the level of frailty as a result of **decreasing functional status**

Risk of fall level due to physical, sensory, and cognitive changes **associated with ageing**, in combination with environments that are not adapted for an aging population

Risk of Fall

Oral Care

Dementia



ELSEVIER

Enfermería Clínica

Volume 30, Supplement 3, March 2020, Pages 6-9



A concept analysis: Aloneness in elderly with depression ☆

Thika Marliana ^a, Budi Anna Keliat ^b, Novy Helena C. Daulima ^b, Tri Budi W. Rahardjo ^c

Scientific Foundation SPIROSKI, Skopje, Republic of Macedonia
Open Access Macedonian Journal of Medical Sciences. 2022 Jan 03; 9(T5):1-8.
<https://doi.org/10.3889/oamjms.2022.7847>
e-ISSN: 1857-9655
Category: T5 - "Readvancing Nursing Practice, Education, and Research in the Post-COVID"
Section: Geriatrics



A Systematic Review: Factors Related to Happiness and Quality of Life in the Elderly Depression

Thika Marliana ^{1,2*}, Budi Keliat ³, Novy Helena Catharina Daulima ³, Tri Budi W. Rahardjo ²

¹Doctoral Program, Faculty of Nursing, Universitas Indonesia, Depok, Indonesia; ²Center of Aging and Family Studies, Universitas Respati Indonesia, Jakarta, Indonesia; ³Department of Mental Health Nursing, Faculty of Nursing, Universitas Indonesia, Depok, Indonesia

Pandemic

Aloneness VS Loneliness → critical in determining varying aspects of aloneness associated with health or loneliness, and possibly depression



Samples: **17.439** elderly depression from **25** research

Aloneness does not necessarily imply feelings of unhappiness

Loneliness is depicted as the perceived subjective condition that may or may not co-occur with being alone

A clear understanding of the concept is critical to be better underpin understanding and effectively **evaluate the elderly's experiences with depression**

Happiness is achieved if the elderly have **self-integrity**. Self-integrity is cultivated through positive emotion development exercises based on life review therapy which focuses on **positive emotions in the past, in the future** positive emotions, positive emotions **at this time**

Sources:

<https://www.sciencedirect.com/science/article/abs/pii/S1130862120300140>

<https://oamjms.eu/index.php/mjms/article/view/7847>



Mental Health

Quality of Life

Risk of Fall

Oral Care

Dementia

Malaysian Journal of Medicine and Health Sciences (eISSN 2636-9346)

ORIGINAL ARTICLE

Mental Health and Psychosocial Support Online-Based Services To Improve Elderly Integrity and Reduce Loneliness

Thika Marliana^{1,2}, Budi Anna Keliat³, Kurniawan Kurniawan⁴

¹ Faculty of Health Sciences, Center of Family and Aging Studies (CeFAS), Universitas Respati Indonesia, Depok 16424, Indonesia
² Nursing Doctoral Program, Faculty of Nursing, Universitas Indonesia, Depok 16424, Indonesia
³ Faculty of Nursing, Universitas Indonesia, Depok 16424, Indonesia
⁴ Faculty of Nursing, Universitas Padjadjaran, Bandung 45363, Indonesia

OSFHOME

PROCEEDING ACTIVE AGING CONFERENCE AND EXPO

PERGERI CONFERENCE PROCEEDING.pdf

COGNITIVE BEHAVIOURAL THERAPY (CBT) FOR ELDERLY WITH DEPRESSION IN JAKARTA

Thika Marliana^{1,2}, Desi Pramugawati³, Budi Anna Keliat⁴

2nd ASEAN Conference on Healthy Ageing 2019

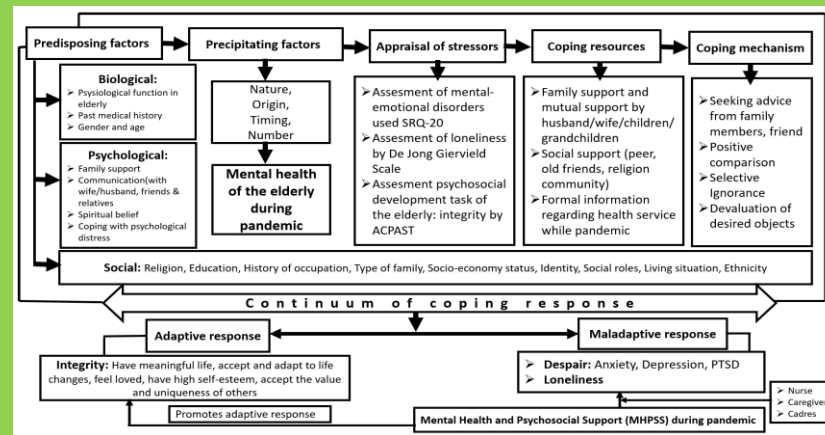
PSYCHOLOGICAL BASIC NEEDS OF THE ELDERLY WITH DEPRESSION: A GROUNDED THEORY

Thika Marliana^{1,2}, Budi Anna Keliat³, Tri Budi Wahyuni Rahardjo²

¹Faculty of Nursing, Universitas Indonesia, Depok, Jawa Barat
²Center for Family and Ageing Studies, Faculty of Health, Universitas Respati Indonesia, DKI Jakarta
 Email: perawathika@yahoo.co.id

Source:
https://medic.upm.edu.my/upload/dokumen/202202212338021_0987.pdf

- A Quasy-Experiment in 106 elderly accept Mental Health and Psychosocial Support. **Mental emotional disorder symptom and loneliness reduced, self-integrity is higher than control group.**
- Model of MHPSS for elderly as below (Marliana, Keliat, Kurniawan., 2021):



- **Cognitive distortions and negative behavior** arising from these thoughts can be significantly **reduced** after being treated through cognitive behavioral therapy **for 6 months**. CBT are likely to be efficacious in older people when compared with treatment as usual (Marliana, Keliat, Rahardjo., 2019)

Mental Health





Quality of Life

Risk of Fall

Oral Care

Dementia

Pandemic in Indonesian older people: The implication for sleep deprivation, loss of appetite, and psychosomatic complaints

Susiana Nugraha ^{1,*} , Asyifa Robiatul Adawiyah ¹ , Yuna Trisuci Aprilia ¹ , Lisna Agustina ², Tresna Putri Asih Handayani ³, Tri Budi W Rahardjo ¹ 

¹ Faculty of Health Sciences, Universitas Respati, Indonesia

² Faculty of Nursing Ihsan Medical Centre, (IMC) Bintaro, School of Health Sciences, Banten, Indonesia

³ Master Student, Faculty of Health Sciences, Universitas Respati, Indonesia

*Correspondence: Susiana Nugraha. Address: Bambu Apus I Street No.3 Cipayang, East Jakarta, Indonesia.
Email: susiana.nugraha@urindo.ac.id

The average age of participant are **65.3 years old**



26.25% are having general **anxiety disorder**

74.9% are **female**



54.05% are existence **chronic illness**

Anxiety disorder, the existence of chronic illness, and non college education background associated with sleep deprivation & loss appetite.


Axiety and the existence of chronic illness also associated with psychosomatic symptoms

- Understanding the factors and mechanisms that drive older people's resilience can guide intervention approaches for other people.
- Delivering **adequate education on COVID-19 through trustworthy information** to alleviate fear and boost understanding among individuals with poor education and chronic illnesses is needed.

Source:

<https://repository.unar.ac.id/jspui/bitstream/123456789/1313/1/67-73.pdf>




KEMAS 17 (1) (2021) 85-93

Jurnal Kesehatan Masyarakat

<http://journal.unnes.ac.id/nju/index.php/kemas>



The Role of Caregivers in Elder Care during Coronavirus Disease-2019 Outbreaks

Dinni Agustin^{1,4,✉}, Nur Apriyan^{2, 4}, Fajar Susanti^{3,4}, Tafrizi¹, Yuna Trisuci Aprillia^{2,4}, Sigit Cahyono¹, Putri Tresna A.H.⁷, Lisna Agustina^{4,9}, Dwi Endah⁷, Tri Suratmi^{4,6}, Lili Indrawati^{4,6}, Rizky Erwanto⁷, Nurminingsih^{1,5}, Tina Rosa⁵, Dian Kristiani Irawaty⁸, Tri Budi W. Rahardjo^{4,5,6}

¹ Faculty of Business and Administration Universitas Respati Indonesia

² Faculty of Health Sciences Universitas Respati Indonesia

³ Faculty of Nursing Universitas Respati Indonesia

⁴ Center for Family and Ageing Studies Universitas Respati Indonesia

⁵ Magister Business Administration Universitas Respati Indonesia

⁶ Faculty of Postgraduate Program Universitas Respati Indonesia

⁷ Indonesia Ramah Lansia, Indonesia

⁸ Badan Kependudukan dan Keluarga Berencana Nasional, Indonesia

⁹ Ichsan Medikal Centre Bintaro, Jakarta, Indonesia

The caregivers' role in protecting the elderly from COVID's infection was about 98.42%.

Agreed that government would finally successfully control COVID-19 (90.22%)



Samples: **317** caregivers



knowledge of the COVID-19 score was **79.50%**



Attitude: **92.11%**



Practice: **90.54%**





Peningkatan Pengetahuan, Keterampilan dan Sikap Warga Antar Generasi di Kota Sukabumi Tentang Demensia Tahun 2022

Arini Sri Wahyuni^{1,2}, Tri Suratmi¹, Atik Kridawati¹
Program Studi Kesehatan Masyarakat Program Pasca Sarjana
Universitas Respati Indonesia Jakarta¹, STIKes Sukabumi²
Email : arinisriwahyuni@stikesmi.ac.id

Study 2:

Design

- Uji statistik non parametrik Wilcoxon.Signed Rank Test.

Time & location

- Wilayah kerja Puskesmas Karang Sukabumi
- pada bulan Januari sampai dengan Juni 2022.

Instrument

- Instrumen penelitian menggunakan kuesioner.

population & sample

- Populasi dalam penelitian ini adalah warga antar generasi dengan kategori Lansia, remajadan dewasa.
- sampel yaitu 20orang pada masing-masing kelompok umurremaja, dewasa dan lansia





CeFAS

Centre for Family and Ageing Studies
UNIVERSITAS RESPATI INDONESIA



Community Services

Pengabdian Masyarakat





Education and Training

Pendidikan dan Pelatihan



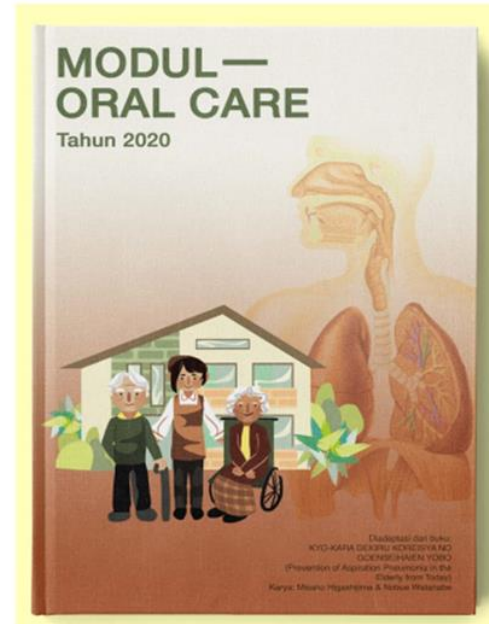


CeFAS

Centre for Family and Ageing Studies
UNIVERSITAS RESPATI INDONESIA

Mental Health
Modules
Long Term care
Disease Prevention
Sekolah Lansia

Oral care module
developed by
Indonesian
research member
based on the
guideline from
Osaka Workshop



Caregiver



CeFAS

Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA

-  **Mental Health**
- Modules**
- Long Term care**
- Disease Prevention**
- Caregiver**



 **Sekolah Lansia**





CeFAS

Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA

-  **Mental Health**
- Modules**
- Long Term care**
- Disease Prevention**
- Caregiver**



 **Sekolah Lansia**



Pengmas Internasional



Pengmas Internasional RPTRA

Lomba 1000 artikel



bkkbn
LOMBA PENULISAN
1000 ARTIKEL
DI GOLANTANG
LOP Sirkel Golantang

Peserta
Mahasiswa di perguruan tinggi seluruh Indonesia

Wajib
Pendaftaran di website Golantang (golantang.bkkbn.go.id)

Batas Akhir
Jumat, 12 Mei 2023

Unduh Panduan
<https://bit.ly/lopesirkel>

Tema
■ Tujuh Dimensi Lansia Tangguh, yang terdiri dari Spiritual, Intelektual, Fisik, Emosional, Sosial, Kemasyarakatan, Vokasional, dan Lingkungan (dapat memilih salah satu dimensi tersebut);
■ Tips Kesehatan Lansia;
■ Info Penyakit Lansia;
■ Saat Generasi Muda Menjadi Lansia;
■ Generasi Muda Peduli Lansia;
■ Lainnya

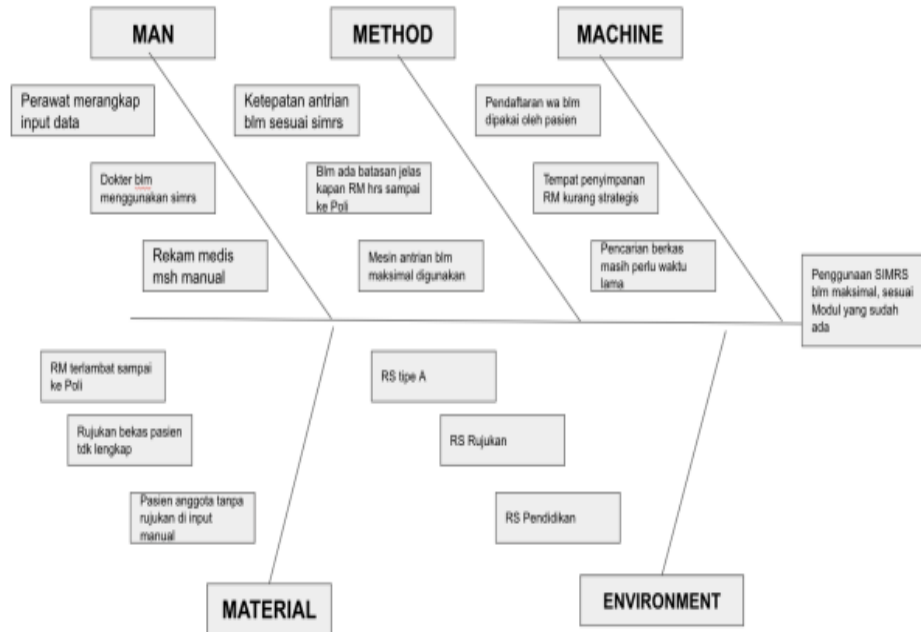
Link Pendaftaran
[QR Code]
SCAN ME

HADIAH JUTAAN RUPIAH!

Jakarta, 13.05.2023. BKKBN dan BKKBN Golantang bekerjasama dengan Sirkel Golantang 1000 Artikel 2023

Berencana Itu Keren
@bkkbnindonesia

Pengabdian Masyarakat Internasional bekerjasama dengan Nagasaki University di Sekolah Lansia Bandung dan Loughborough University di RPTRA Cipayung Jakarta Timur



Plan, Do, Check & Action

Plan	Do	Check	Action
Mengajukan usulan pada bagian SIMRS untuk melatih SDM untuk input data di Poli rawat Jalan.	Menerapkan program SIMRS pada poliklinik yang banyak pasiennya.	Mengevaluasi program simrs baru yang telah diterapkan apakah dengan program tersebut dapat mengatasi masalah yang ada, tu. input data pasien.	Menindaklanjuti hasil evaluasi dan melakukan perbaikan yang dibutuhkan kemudian terapkan pada poliklinik lainnya.
Melatih dokter untuk memaka isimrs yang sudah tersedia modulnya	Sosialisasi kepada dokter manfaat penggunaan SIMRS	Evaluasi kemajuan dokter menggunakan SIMRS	Pelatihan Operator baru untuk melatih dokter menginput data diagnosa pasien

- PKM dilakukan di Rumah Sakit dengan tema : **Pendampingan Pelaksanaan Sistem Informasi Manajemen Rumah Sakit (SIMRS) di Poli Endokrin**



CeFAS

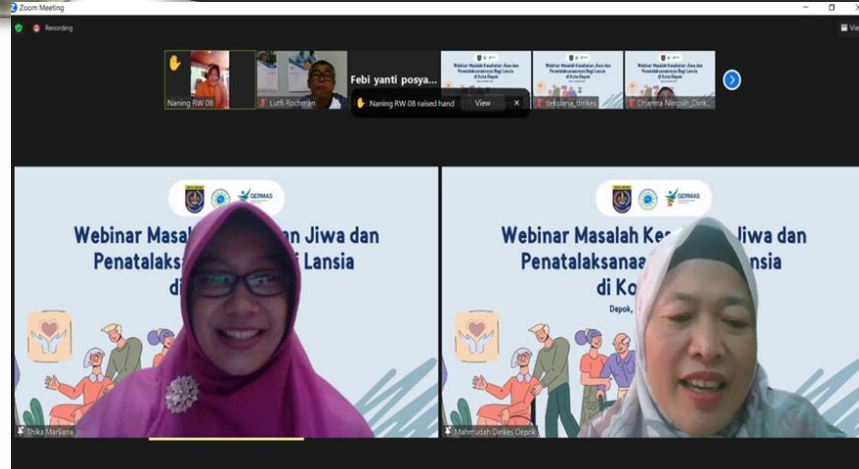
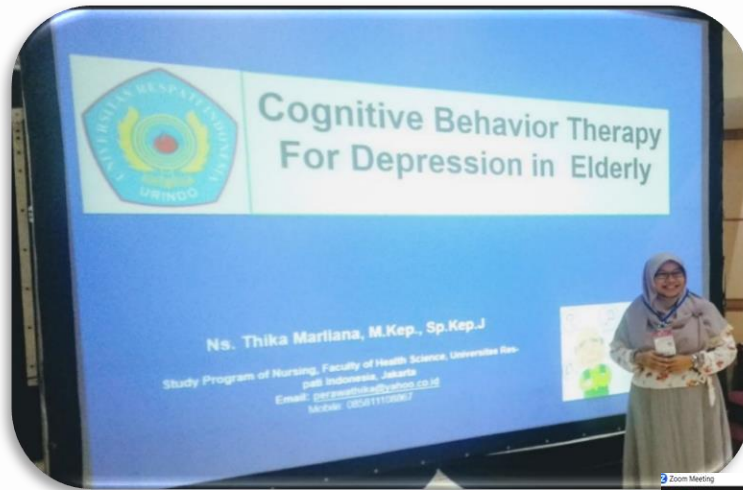
Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA

**Pelatihan Cognitive Behaviour Therapy
Pada Lansia Untuk Perawat
di FKTP 5 Wilayah DKI Jakarta**

**Orientasi Demensia Bagi
Tenaga Kesehatan Bersama
Kementrian Kesehatan**

**Seminar Nasional Dukungan
Kesehatan Jiwa dan Psikososial Pada
Bencana, UPN Veteran Jakarta**



Pengmas Internasional



Pengmas Internasional RPTRA

Lomba 1000 artikel



bkbn
LOMBA PENULISAN
1000 ARTIKEL
DI GOLANTANG
LOP Sirkel Golantang

Peserta
Peserta di pengantar oleh seluruh Indonesia

Wajib
Pendaftaran di website Golantang (golantang.bkbn.go.id)

Batas Akhir
Juni, 11 Mei 2023

Unduh Panduan
<https://bit.ly/golantang>

Tema

- Tumbuh Ditengah Lansia Tangguh, yang terdiri dari Spiritual, Intelektual, Fisik, Emosional, Sosial, Komunitas, Vikarian, dan Lingkungan Hidup; memiliki salah satu dimensi tersebut;
- Tips Kesehatan Lansia;
- Info Pengabdian Lansia;
- Saat Generasi Muda Menjadi Lansia;
- Generasi Muda Peduli Lansia;
- Lainnya

Link Pendaftaran
SCAN ME

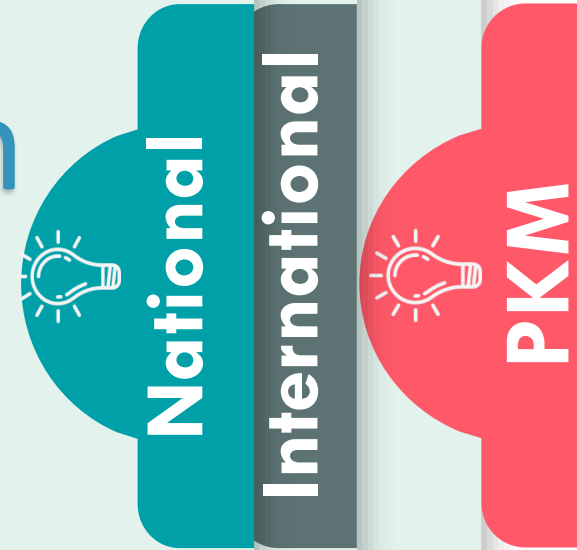
HADIAH JUTAAN RUPIAH!

Berencana Itu Keren





External Relation and Collaboration





CeFAS

Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA

BELAJAR SEPANJANG HAYAT, WUJUDKAN LANSIA TANGGUH

Keynote Speakers :
DR. Drs. Wahidin, M.Kes.
 Kepala Penelitian BKKBN Provinsi Jawa Barat

Dr. Sudibyo Alimoeso, MA
 Ketua Baitul Hikmah dan AKA Demografi Indonesia
 Dewan Penasihat CeFAS (Centre for Family and Ageing Studies)
 Universitas Respati Indonesia

Penguatan program pembelajaran sepanjang hayat untuk lansia jawa barat

LOMBA PENULISAN 1000 ARTIKEL DI GOLANTANG LOP Sirkel Golantang

Peserta
Mahasiswa di perguruan tinggi seluruh Indonesia.

Wajib
Pendaftaran di website Golantang (golantang.bkkbn.go.id)

Batas Akhir
Jumat, 12 Mei 2023

Unduh Panduan
<https://bit.ly/lop2023>

Tema

- Tuhan Dharma Lansia Tangguh yang terdiri dari Spiritual, Intelektual, Fisik, Emosional Sosial, Komunitas, Vokasional, dan Lingkungan Hidup; memiliki salah satu dimensi tersebut;
- Tipe Lansia Tangguh Lansia;
- Infra Perilaku Lansia;
- Sosi Generasi Muda Mengaji Lansia;
- Generasi Muda Peduli Lansia;
- Lainnya

HADIAH

Link Pendaftaran
SCAN ME

Penguatan Program intergenerasi kobalobarsi CEFAK BKKBN GRAMEDIA

Penguatan program lansia berbasis Masyarakat dengan Kementerian Sosial RI

Global Ageing
Centre for Family and Ageing Studies
Ageing and Health

RAPID AGING

200 MILLION: Jumlah penduduk lanjut usia di ASEAN pada tahun 2022

15%: Jumlah penduduk lanjut usia di ASEAN pada tahun 2022

20 YEARS: Jumlah penduduk lanjut usia di ASEAN pada tahun 2042

In ASEAN, 74 million people are 60 years old or over

Invited speaker at National Conference for Healthy Ageng by Ministry of Health Thailand

Invited speaker di Srisvarindira University Thailand

Pengmas Internasional



Pengmas Internasional RPTRA

Lomba 1000 artikel

bkkbn
LOMBA PENULISAN
1000 ARTIKEL
DI GOLANTANG
LOP Sirkel Golantang

Peserta
Mahasiswa di perguruan tinggi seluruh Indonesia

Wajib
Pendaftaran di website Golantang (golantang.bkkbn.go.id)

Batas Akhir
Jumart, 12 Mei 2023

Unduh Panduan
https://bit.ly/1qpswvsk

Tema
Tugas Disertasi Lanjut Sarjana, yang terdiri dari Spiritual, Intelektual, Fikih, Emosional, Sosial, Komunitas/keluarga, Vokasional, dan Lingkungan (tepat memilih salah satu dimensi tersebut):
• Tips Kesehatan Lansia
• Infu Penyakit Lansia
• Saat Generasi Muda Menjadi Lansia
• Generasi Muda Peduli Lansia
• Lainnya

Link Pendaftaran
SCAN ME

HADIAH JUTAAN RUPIAH!

Berencana Itu Keren

Risk of Fall

Oral Care

Dementia



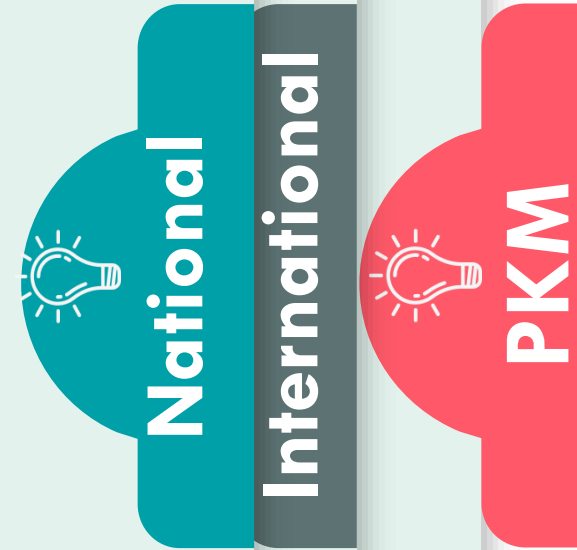


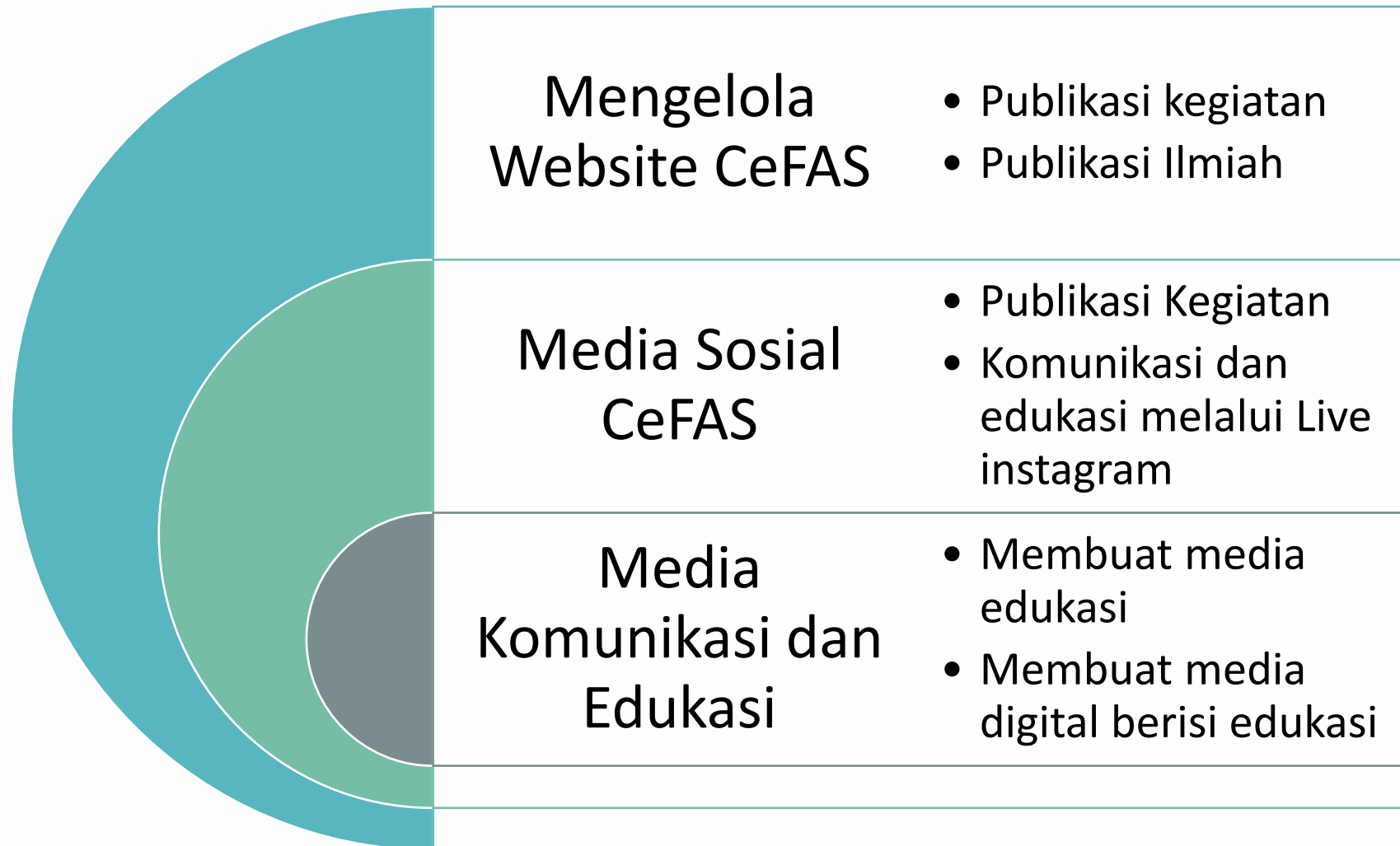
CeFAS

Centre for Family and Ageing Studies
UNIVERSITAS RESPATI INDONESIA



Media & Publication







CeFAS

Aplikasi GoLantang bersama BKKBN

Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA



golantang

Menua Pasti, Sejahtera Itu Pilihan

Golantang adalah sebuah media yang menyediakan rubrik bagi lansia dan keluarga lansia dalam mencapai lansia tangguh dan berkualitas, selain itu juga untuk mensosialisasikan program Bina Keluarga Lansia, BKKBN.

Tujuan dari hadirnya GoLantang yaitu untuk menumbuhkan kemandirian lansia dan para *care giver* untuk aktif melaksanakan program Lansia Tangguh. Selain itu, GoLantang juga mengintegrasikan data dari berbagai institusi pemerintah terkait lansia seperti BKKBN, Kementerian Dalam Negeri, Kementerian Sosial, Kementerian Kesehatan, Bappenas, BPS, BPJS, dan lainnya. Selain itu GoLantang juga bertujuan untuk meningkatkan motivasi lansia dan *care giver* untuk melakukan berbagai kegiatan produktif. Sasaran dari aplikasi GoLantang adalah warga lansia Indonesia yang per 2019 berjumlah 25,64 juta.

Untuk kegiatan ini Centre for Family and Ageing Studies (CeFAS) Universitas Respati Indonesia diminta untuk melaksanakan pekerjaan penyusunan/pengembangan materi kelanjutusiaan melalui surat undangan nomor : 3901/I/KU.807/F3/2020 tanggal 31 Agustus 2020.



CeFAS

Centre for Family and Ageing Studies

UNIVERSITAS RESPATI INDONESIA



Pendidikan
dan pelatihan

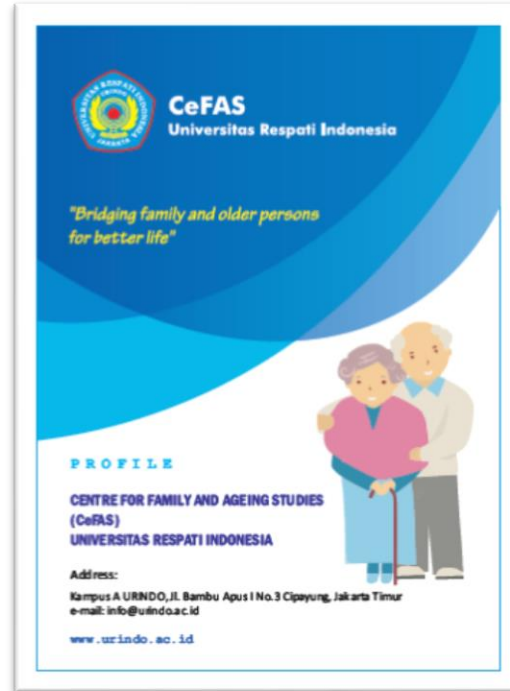
Penelitian dan Publikasi

Pengabdian
Masyarakat

Humas dan Kerjasama

Media dan publikasi

Dementia



Thank you very much



CeFAS
Centre for Family and Ageing Studies



NAGASAKI UNIVERSITY



ERIA
Economic Research Institute
for ASEAN and East Asia



**THE HONG KONG
POLYTECHNIC UNIVERSITY**
香港理工大學

